

# Vanilla Candy Cane Creamer

*THM-Friendly FP, Low-fat, Sugar-free*

## Ingredients:

- 3/4 c. Half n Half\*
- 1/4 tsp. Stevia extract
- 1/8 tsp. Peppermint Extract
- 1/2 tsp. Vanilla

## Directions:

1. Put all of the ingredients in a mason jar, stir it up, and store it in the fridge.
2. When you're ready to use it just put 1-2 tbs. in your coffee mug, then fill it the rest of the way with your favorite coffee!

\*you can use heavy whipping cream for a creamier heavy S creamer

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